



Million Hearts®: An Exemplary Platform for Teaching Interprofessional Practice & Population Health in Advanced Practice Nursing Curricula





Presenters

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NONPF 2015 Million Hearts Symposium

Symposium Objectives

1.) The learner will be able to describe the Million Hearts® initiative and key strategies for its advancement through interprofessional education and practice initiatives.

2.) The learner will be able to identify three ways to incorporate Million Hearts into advanced practice curricula and community outreach to improve population health.



NONPF 2015 Symposium Part 3

INCORPORATING MILLION HEARTS® SCREENINGS INTO ADVANCED PRACTICE NURSING CURRICULA & COMMUNITY OUTREACH



INCORPORATING INTO ADVANCED PRACTICE NURSING CURRICULA



Graduate Nursing Education

- In alignment with the American Association of Colleges of Nursing's *Essentials of Master's Education* summary
- Essential VIII: Clinical Prevention and Population Health for Improving Health
 - "Recognizes that the master's-prepared nurse applies and integrates broad, organizational, client-centered, and culturally appropriate concepts in the planning, delivery, management, and evaluation of evidence-based clinical prevention and population care and services to individuals, families, and aggregates/identified populations." ¹

¹ American Association of Colleges of Nursing (2011). *The essentials of masters education in nursing*. Washington, DC: Author.



National Initiatives and Goals

- Million Hearts® biometric screenings contribute to three different sets of national initiatives and goals:

- Healthy People 2020
- The Triple Aim®
- Million Hearts®



Incorporating into Curricula

- Million Hearts® biometric screenings provide a hands-on clinical experience for advanced practice nursing students to participate in a population health experience
- Can be completed as a specific assignment or incorporated into current clinical experiences
- Requirement vs. extra credit
- Any course or education level can incorporate the Million Hearts® screenings



Incorporating into Curricula

- Assessment, Community/Public Health, Leadership, and Advanced Practice nursing clinical courses provide numerous clinical opportunities
 - Flu clinics
 - Alumni Activities
 - Community Activities
 - Free Clinics
 - Community Partnerships
 - Grant Partnerships
 - Sporting Events
 - Medical Centers
 - Student Groups







Local Screening Events

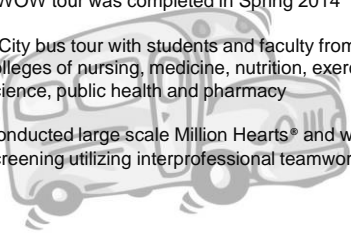
- Examples of participation in community events

- Ohio State Fair
- Farm Science Review
- Ask-A-Buckeye Nurse
- Valentine's Day



Wellness on Wheels (WOW)

- First WOW tour was completed in Spring 2014
- 3 City bus tour with students and faculty from the colleges of nursing, medicine, nutrition, exercise science, public health and pharmacy
- Conducted large scale Million Hearts® and wellness screening utilizing interprofessional teamwork



Local Corporate Screenings

- Partnerships with local corporations
- Students conducted Million Hearts screenings on employees



Statewide Impact

- Ohio Nurses Association
 - Collaboration with the Ohio Nurses Association to offer the educational module for continuing education credit to members for free
 - Focus on nurses participating in screening events
- Ohio's Medicare Quality Improvement Organization



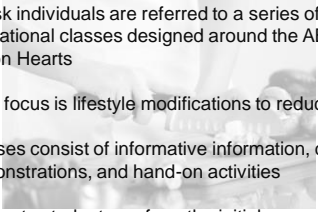
Partnering with OSU Extension to Advance Million Hearts®

- OSU Extension is a division of Ohio State that addresses the needs of the local communities around Ohio and combines the needs of local citizens and communities with new research and technical information
- At-risk individuals are identified during screenings at local community events



Partnering with OSU Extension to Advance Million Hearts®

- At-risk individuals are referred to a series of 3 educational classes designed around the ABCSs of Million Hearts
- Main focus is lifestyle modifications to reduce risk
- Classes consist of informative information, cooking demonstrations, and hand-on activities
- Graduate students perform the initial screenings



Outreach & Networking

- *Community Commons* website
- Online community developed by the CDC to connect, collaborate, and highlight the work you are doing to support the Million Hearts® initiative.
- <http://www.communitycommons.org/groups/million-hearts/>





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