

## Resources

### FDA Blueprint

FDA Blueprint for Prescriber Education for ER/LA Opioid Analgesics

<http://www.fda.gov/downloads/Drugs/DrugSafety/InformationbyDrugClass/UCM277916.pdf>

### Pain Inventory Tools

Brief Pain Inventory (short)

<https://static.medicine.iupui.edu/divisions/rheu/content/physicians/bpisf.pdf>

Brief Pain Inventory (long)

<http://www.championline.org/assets/files/ToolsProducts/ClinicalResources/ChronicPain/ChronicPainDocs/Brief-Pain-Inventory-LongForm.pdf>

Numeric Pain Rating Scale

[http://www.britishpainsociety.org/pain\\_scales\\_eng.pdf](http://www.britishpainsociety.org/pain_scales_eng.pdf)

Faces (Wong-Baker)

[http://www.wongbakerfaces.org/public\\_html/wp-content/uploads/2014/01/Wong-Baker-FACES-Qualities.pdf](http://www.wongbakerfaces.org/public_html/wp-content/uploads/2014/01/Wong-Baker-FACES-Qualities.pdf)

McGill Pain Questionnaire

[http://www.ama-cmeonline.com/pain\\_mgmt/pdf/mcgill.pdf](http://www.ama-cmeonline.com/pain_mgmt/pdf/mcgill.pdf)

### Risk Assessment Tools

Screeners for Opioid Assessment of Patients with Pain (SOAPP 14Q)

<http://nhms.org/sites/default/files/Pdfs/SOAPP-14.pdf>

Opioid Risk Tool

[http://www.partnersagainstpain.com/printouts/Opioid\\_Risk\\_Tool.pdf](http://www.partnersagainstpain.com/printouts/Opioid_Risk_Tool.pdf)

D.I.R.E. Score: Patient selection for chronic opioid analgesia

<http://www.ucdenver.edu/academics/colleges/PublicHealth/research/centers/maperc/online/Documents/D.I.R.E.%20Score.pdf>

## **Starting, Progressing, Stopping ER/LA Opioids**

### Treatment Guidelines

Chou, R. et al. (2009) American Pain Society – American Academy of Pain Medicine Opioids Guidelines Panel. Clinical Guidelines for the use of chronic opioid therapy in chronic non-cancer pain. *J Pain*, 10, 113-130.

[http://www.va.gov/painmanagement/docs/cpg\\_opioidtherapy\\_fulltext.pdf](http://www.va.gov/painmanagement/docs/cpg_opioidtherapy_fulltext.pdf)

### Sample Agreements and Consents for Chronic Opioid Therapy

#### Low Literacy Medication Management Contract

<http://www.painedu.com/Downloads/tools/LowLiteracyMedicationManagementContract.pdf>

#### Agreement for Opioid Maintenance Therapy for Non-Cancer and Cancer Pain

[http://www.painedu.org/Downloads/AdditionalMaterials/Agreement\\_for\\_Opioid\\_Maintenance\\_Therapy\\_for\\_Non-Cancer\\_and\\_Cancer\\_Pain.pdf](http://www.painedu.org/Downloads/AdditionalMaterials/Agreement_for_Opioid_Maintenance_Therapy_for_Non-Cancer_and_Cancer_Pain.pdf)

### Urine Drug Screening and Testing

Screening: <http://www.aafp.org/afp/2010/0301/p635.pdf>

Testing: [http://painmedicinews.com/download/UDT\\_PMNSE2013\\_WM.pdf](http://painmedicinews.com/download/UDT_PMNSE2013_WM.pdf)

#### Control Substance Drug Database:

[http://www.deadiversion.usdoj.gov/schedules/orangebook/c\\_cs\\_alpha.pdf](http://www.deadiversion.usdoj.gov/schedules/orangebook/c_cs_alpha.pdf)

Clinical Opiate Withdrawal Scale (COWS): [http://pathwaysrecovery.com/wp-content/uploads/2011/07/COWS\\_induction\\_flow\\_sheet.pdf](http://pathwaysrecovery.com/wp-content/uploads/2011/07/COWS_induction_flow_sheet.pdf)

## **Tools for Monitoring**

#### Patient Pain and Medication Tracking Chart

<http://health.utah.gov/prescription/pdf/guidelines/PatientPain-FunctionTracking.pdf>

#### Pain Assessment and Documentation Tool (PADT)

<http://www.prescriberesponsibly.com/sites/default/files/pdf/pain/PADT.pdf>

#### Current Opioid Misuse Measure (COMM)

[http://www.emergingsolutionsinpain.com/content/tools/monitoring\\_tools/COMM\\_Tool.pdf](http://www.emergingsolutionsinpain.com/content/tools/monitoring_tools/COMM_Tool.pdf)

## **Know your state's guidelines**

Federation of State Medical Boards [www.fsmb.org/directory\\_smb.html](http://www.fsmb.org/directory_smb.html)

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Current Opioid Misuse Measure (COMM)

[http://www.emergingsolutionsinpain.com/content/tools/monitoring\\_tools/COMM\\_Tool.pdf](http://www.emergingsolutionsinpain.com/content/tools/monitoring_tools/COMM_Tool.pdf)

## **Medication Guide**

<http://www.er-la-opioidrems.com/IwgUI/rems/products.action>

## **Additional Resources**

American Academy of Pain Medicine [www.PainEdu.com](http://www.PainEdu.com)

American Chronic Pain Association [www.theacpa.org](http://www.theacpa.org)

Universal Precautions in Pain Medicine:

Gourlay, D.L., Heit, H. A., Almahrezi, A. (2005). Universal precautions in pain medicine: A rational approach to the treatment of chronic pain. *Pain Med*, 6, 107-112.

<http://www.doctordeluca.com/Library/Pain/UniversalPrecautionsForCP05.pdf>

Controlled Substances laws and regulations

FDA REMS main website

[www.fda.gov/Drugs/DrugSafety/InformationbyDrugClass/ucm163647.htm](http://www.fda.gov/Drugs/DrugSafety/InformationbyDrugClass/ucm163647.htm)

Drug Enforcement Administration websites

[www.deadiversion.usdoj.gov/21cfr/index.html](http://www.deadiversion.usdoj.gov/21cfr/index.html)

[www.deadiversion.usdoj.gov/faq/rx\\_monitor.htm](http://www.deadiversion.usdoj.gov/faq/rx_monitor.htm)

## **American Association of Nurse Practitioner Resources**

AANP CE Center

<http://www.aanp.org/education/continuing-education-ce/ce-center>

The 3 hour CE program: *ER/LA Opioid REMS: Achieving Safe Use While Improving Patient Care* can be found here: <https://cecenter.aanp.org/>

AANP Education Tools and Resources

<http://www.aanp.org/education/education-toolkits>