

# **University of Texas at Arlington College of Nursing**

## **Psychiatric Mental Health Nurse Practitioner Program**

The Psychiatric-Mental Health Nurse Practitioner Program prepares advanced practice nurses as primary mental health care providers for individuals and families. Focus is on mental health care through the lifespan, with a sub-specialty available in child/adolescent psychiatry or adult/gerontological psychiatry. Graduates are prepared to be recognized as Advanced Practice Nurses by the Texas Board of Nurse Examiners and to take the Family Psychiatric Nurse Practitioner Exam offered by the American Nurses Credentialing Center.

This program provides you a background to:

- Apply neurobiological and psychosocial theories and use pharmacological and non-pharmacological therapies in the provision of mental health care.
- Assume responsibility as a Psychiatric Mental Health Nurse Practitioner to provide compassionate and collaborative mental health care for clients and families.
- Demonstrate clinical expertise in health promotion, illness prevention, and treatment of mental health and addictive disorders.
- Use research to explore outcomes of Psychiatric Mental Health Nurse Practitioner practice.

### **Job Opportunities**

Home health – Consultation-liaison – Hospitals

Family practice settings – Pain clinics – Sleep disorder clinics

Criminal justice – Private psychiatric practices – School based clinics

Managed care behavioral health clinics – Mental Health Mental Retardation – crisis intervention, homeless programs, clinics – Long term care

Addictions treatment – Emergency departments

# Family Psychiatric-Mental Health Nurse Practitioner Degree Plan

## Family Psychiatric-Mental Health Nurse Practitioner Degree Plan

Total Credit Hours = 48-51

### CORE COURSES (Credit Hours = 9)

Course Number	Title	Class / Clinical Hrs Per Week
N5327	Theory	3 / 0
N5301	Research	3 / 0
N5328	Theory and Research Application	3 / 0
<b>CLINICAL CORE COURSES (Credit Hours = 10)</b>		
N5315	Advanced Pathophysiology	3 / 0
N5334	Advanced Pharmacology	3 / 0
N5418	Advanced Assessment	2 / 6
<b>FUNCTIONAL ROLE COURSE (Credit Hours = 3)</b>		
N5350	Advanced Nursing Role	2 / 3
<b>CLINICAL MAJOR COURSES (Credit Hours = 23)</b>		
N5303	Psychiatric Management	2 / 3
N5305	Adult Management I	2 / 3
N5306	Pediatric Management	
N5424	Psychiatric-Mental Health Nursing I	2 / 6
N5425	Psychiatric-Mental Health Nursing II	2 / 6
N5631	Advanced Practicum	0 / 24
<b>ELECTIVE or THESIS (Credit Hours = 3-6)</b>		
53XX	Elective (3 SCH)	3 / 0
or	or	or
5698	Thesis (NURS 5398 is required prior to enrollment in NURS 5698 but will not be counted toward degree requirements = 6 SCH)	6 / 0

A Dual Role as an Educator can be obtained with 6 semester credit hours (N5302 and N5309) and can be substituted for elective credit hours.