# RUTGERS School of Nursing

Community Faculty Practice
New Jersey Children's Health Project
Jordan and Harris Community Health Center

Cindy Sickora, DNP, RN

# Two Nurse Managed Projects

- New Jersey Children's Health Project (NJCHP)
  - Nurse practitioners on a mobile medical unit (MMU)
- Jordan and Harris Community Health Center
  - Community health nursing faculty serving public housing

# History of NJCHP

- Initially served 21 unique sites
- Currently serves 3 organizations at 5 unique sites
- Staff of 2 NPs, driver and medical technician
- Provide comprehensive primary care services and episodic care
- Original funding from HRSA
- Current funding from the Children's Health Fund
- Billing for service

## Accomplishments

- Difficult to reach populations
- Over 2,000 encounters in 2013
  - Homeless teens
  - Homeless adults
  - Adults and children living in public housing
  - Uninsured

#### Barriers

- Licensing
- Weather
- Funding
- Staffing
- Internet connectivity (EHR)

### Jordan and Harris Community Health Center

- Community empowerment model with community advisory board directing activities
- Started by nursing faculty as a clinical site for community health nursing students
- Developed into full faculty practice site with HRSA funding
  - Community Health RN on site 5 days each week
  - Assessments
  - Health Education
  - Health Promotion
  - Chronic Disease Management
- Community Health Workers
  - Outreach
  - Navigation

## Accomplishments

- Reach vulnerable, underserved population
- Community is engaged in all aspects of program development
- Over 10,000 encounters each year between CHWs, staff RN, faculty and interprofessional team of students
- Improved health outcomes
  - Diabetes (blood sugars reduced by an average of 60mg/dl)
  - Hypertension (systolic and diastolic blood pressure reductions average 7mm/hg

#### **Barriers**

- Funding
  - Current funding is from the Healthcare
     Foundation of New Jersey, the Cummings
     Foundation and the Hearst Foundation
- Recognition of community health nurse's role in the model
- Public housing

## Marriage of two faculty practice projects

- NJCHP serves the Jordan and Harris Community Health Center
- Bring APRN services to public housing developments weekly
- Allows for closely coordinated services for patients receiving care from APRNs on the MMU
- Integration of schools of nursing that are now under Rutgers University has brought additional support of the FOCUS Wellness Center

