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THE STATE UNIVERSITY OF NEW JERSEY
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Scholarship success: How to develop a daily writing practice and get your manuscripts published

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Welcome to Our Mini Workshop



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The Story




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The Challenge




PUBLICATION



How is it possible to practice, teach, contribute to your school *and* publish?





Academics



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Kerry Ann Rockquomore, PhD, President and CEO
National Center for Faculty Development and Diversity
<http://www.facultydiversity.org>


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Evidenced Based Practice

Writing Habits	Outcomes
Big Blocks of Time	17 pages
Daily writing and tracked progress	64 pages
Daily writing, tracked progress and accountability	154 pages

Boice, R. (1999). *Professors as Writers: A Self-Help Guide to Productive Writing*. New York: New Forums Press.





Evidence-Based Practices

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Foundation of Method is Daily Writing

Concept: Write 30 to 60 minutes,
5 out of 7 days.
Set a timer.
Sit in your chair!
Text your accountability buddy.





Academic Writing Accountability		
NAME	TWITTER	ULTIMATE GOAL
Jennifer	@jenniferoflife	Complete dissertation chapters and a journal paper for submission NEW GOAL: Continue academic reading & writing.

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Daily Writing Meets Resistance!



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Two Kinds of Planning

<i>Semester/Summer Plan</i>	<i>Sunday Meeting</i>
Add duties to calendar	Hold Sunday meetings
List writing goals	Schedule daily writing
Convert each goal into smaller steps	Use Semester Plan to stay on track
Put steps into weekly calendar	It won't all fit--so delegate, defer or discard!



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Daily Accountability

Check in, check out

Use text or email

Record session length

**I ♥ My
Accountability
Buddy**

Give your buddy support!

Remember the
Ten-Minute Rescue

"I need that daily accountability."

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Weekly Support Meeting

Group of 4-6 committed writers

Group leader

Everyone has 10 minutes to answer 3-4 questions

Everyone plans 3 strategies for next week's success!


Support GROUP

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Resistance to Writing

The scariest moment is always just before you start.




After that, things can only get better.

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How to Develop A Daily Writing Practice

- Hold a weekly meeting
- Post writing goals for the week
- Review top priorities daily
- Sit at your computer every day for 30-60 minutes to write
- Set a timer
- Manage your resistance





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How to Develop a Daily Writing Practice

- Stop when the timer goes off
- Track your writing
- Reward yourself!
- Revisit your writing goals at the end of the week
- Assess and adjust, and then...
- Take the weekend off**


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WRITING
for
SUCCESS

Outcomes From Rutgers School of Nursing Pilot Writing Group



- Three PhD students completed and defended their proposals
- One PhD student wrote a book proposal and 50 pages of his manuscript
- One co-written faculty manuscript was accepted and published

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Writing Study

Weekly meeting and support group	Five faculty members working on articles for publication
Fifteen-week program	One faculty member working on DNP program projects
Six faculty members plus a facilitator-coach	

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WRITING TO ME, IS SIMPLY THINKING THROUGH MY FINGERS
—ISAAC ASIMOV

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