Addressing the Primary Care Workforce: NP Students' Future Plans to Enter Primary vs Specialty Practice

Andrea Wolf, DNP, CRNP, FNP-BC, ANP-BC, PMHCNS-BC York College of PA

> Geraldine M. Budd PhD, FNP-BC, FAANP Widener University

> NONPF Annual Conference April 5, 2014

Study Purpose

- Determine the future career plans of primary careprepared NP students regarding primary care vs specialty practice
- Determine what factors influence students' decisions
- Secondary purpose to examine students' future plans for doctoral education

Primary Care Need

- Patient Protection and Affordable Care Act
- Increase in primary care visits
- · Increase in workload

Primary Care Workforce

	NPs	PAs	Physicians
Primary Care Settings	>1/2 (52%) (55,000)	<1/2 (43%) (30,000)	<1/3 (209,000)
Rural Settings	28%	25%	11%

Supply of Physicians

National Residency Matching Program 2013:

- Internal Medicine residents increased by 194
- Pediatrics residents increased by 105
- Family Practice residents increased by 33

Supply of NPs

Factors Influencing supply:

- Scope of Practice Regulations
- Workforce Growth

_			
_			
-			
-			
_			
_			
_			
-			
-			
-			
_			
_			
_		 	
-			

Methods and Sample

- Survey Monkey
- 4 week period late 2012
- Convenience sample- primary care NP students (FNP, ANP, A-GNP) in post-master's or postbaccalaureate programs in US
- Representatives from all regions of country
- Sent to faculty; forwarded to students

Sample

Respondents N=336 (Study N=333)

- -FNPs-303 (90.2%)
- -ANPs- 14 (4.2%)
- -A-GNPs- 19 (5.7%)
- Acute Care Facility- 246 (73.2%)
- Specialized RN?
 - YES: 259 (77.7%); NO: 74 (22.2%)
- Mean years of RN experience- 10.2

Practice Plans

N=333

- Primary Care- 159 (47%)
- Specialty Care- 70 (21%)
- Undecided- 104 (31%)

-			
-			
_			
_			
_			
_			
-			
-			
_			
_			
_			
_			
-			
-			

Type of P.C. Program **FNP Students ANP/AGNP Students** N=300 N=33 • 49% of FNP students \rightarrow • 33% of ANP/AGNP primary care students → primary • 20% FNP students \rightarrow specialty care • 24% ANP/AGNP students → specialty • 30% FNP students → care undecided 42% ANP/AGNP students → undecided **Specialty Certifications** · Diabetes Educator • CCRN Med Surg Oncology Psychiatry Peds CCRN • Administration Occupational Health Orthopedics Operating Room · Public Health CEPS-AP Women's Health (Electrophysiology) Gerontology CPAN (PACU) • Palliative Care / Hospice • CEN/Trauma Pediatrics Childbirth/Maternal/ Lactation "Other" SANE-A Other Findings • RN specialization and future plans • Years of RN Experience and future plans · Year in Program and future plans • Salary and future plans • Plans for future locale (urban, rural, etc) • Factors influencing practice plans toward primary care or specialty care

Discussion for Primary Care NP Educators

- Are we satisfied with the number of primary care practitioners we are producing?
- Can we do a better job of socializing our students toward primary care?
- Are we losing students to specialty care as they progress in clinical rotations?
- Will the changes in reimbursement with the ACA be more influential than anything we can do in education?
- Can we do a better job of recruiting nurses that are willing to go to rural and inner city areas to meet those needs?
- Others???

References

- Agency for Healthcare Research and Quality. (2011). Primary care workforce facts and stats No.3: Distribution of the US primary care workforce. AHRQ Publication No. 12-P001-4-EF, October 2011. Retrieved from http://www.ahrq.gov/ research.pcwork3.htm.
- Agency for Healthcare Research and Quality. (2011). Primary care workforce facts and stats No.2: The number of nurse practitioners and physician assistants practicing primary care in the United States. AHRQ Publication No. 12-P001-3-EF, October 2011. Retrieved from http://www.ahrq.gov/research.pcwork2.htm.
- Auerbach, D. (2012). Will the NP Workforce grow in the future? New forecasts and implications for healthcare delivery. Medical Care, 50 (7) 606-610.
- Colwill J.M., Cultice J.M., Kruse R.L. (2008). Will generalist physician supply meet demands of an increasing and aging population? Health Affairs, Web Exclusive, 27, (3). w232-w241. Doi:10.1377/hlthaff.27.3w232./qfm.1431.

References

- National Resident Matching Program. (2013). Results and data: 2013 main residency match. Appointment year. Retrieved from http://b83c73bcf0e7ca35c680e8560f466940e4ec38ed51af32994bc6.r6.cf1.rackcdn.com/wp-content/ uploads/2013/08/resultsanddata2013.pdf
- National Resident Matching Program. Results and Data Specialties Matching services 2013 Appointment Year. Retrieved from http://b83c73bcf0e7ca356c80e8560f466940e4ec38ed51af32994bc6.r6.cf1.rackcdn.com/wp-content/ uploads/2013/09/resultsanddatasms2013.pdf.
- Peterson, S. M., Liaw, W.R., Phillips, R.L., Rabin, D.L., Meyers, D.S., Bazemore, A.W. (2012). Annals of Family Medicine, 10, (6). 503-509. doi: 10:1370

_				
_				
_				
_				
_				
_				
_				
_				
_				
_				
_				
_				
_				
	_			
_				
_				