Integrating Chronic Pain Assessment and Management into NP Education

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Overview

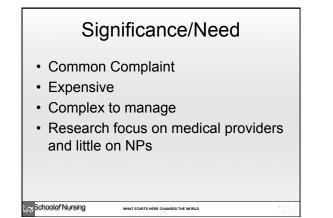
- Provide a brief summary of the national NP study.
- Describe how NP faculty developed and integrated chronic pain content into three NP educational tracks.
- Discuss educational content for chronic pain.
- Discuss sample content from the modules, teaching strategies and evaluation methods.

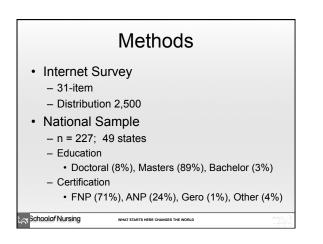
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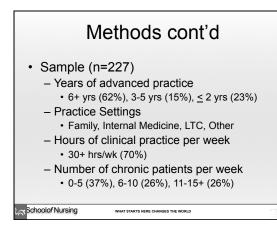
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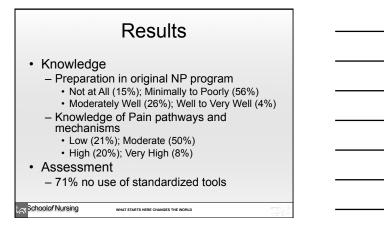
Project Objectives

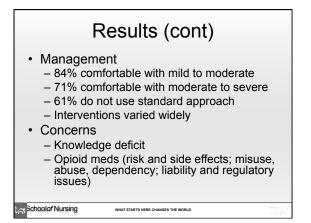
- Assess nurse practitioners (NPs) knowledge and practice patterns regarding assessment and management of chronic pain in primary care.
- Assess the prevalence of chronic pain among the general primary care NP patient population.
- Identify gaps in NP educational preparation regarding assessment and management of chronic pain.
- Develop educational programs that address these identified gaps.

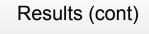












- Continuing Education preferences
 - Self-study module (65%)
 - In-person program, workshops (56%)
 - Webinars (24%)

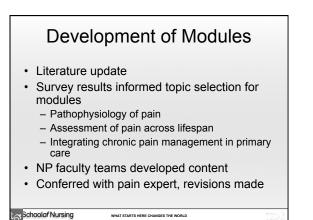
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- Practice improvement projects (21%)

Implications • CE programs to include pain physiology, assessment tools, and EBP approaches • Content for NP curricula • Policy implications to standardize management and regulation issues

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Sample Content: Module 1

- Chronic Pain in Primary Care: Overview and Pathophysiology
 - Impact of chronic pain in primary care
 - Barriers to optimal chronic pain management

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- Define different types of pain

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- Describe pathophysiology of pain

Sample Content: Module 2 Chronic Pain in Primary Care: Assessment Across of Lifespan Factors that affect chronic pain assessment Components of comprehensive assessment Valid and reliable pain assessment tools appropriate for primary care

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Sample Content: Module 3

- Chronic Pain in Primary Care: Designing and Implementing a Management Plan
 - Elements of a comprehensive treatment plan for chronic pain in primary care
 - Appropriate documentation of the chronic pain treatment plan
 - Resources for management of chronic pain

Evaluation Methods

Feedback from students and other faculty

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- Quiz
- End of program post-test

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Dissemination Survey results at AAN Overview of project at NONPF Modules available on AANP CE Center