"Teaching evidence-based practice consumerism in a distance education format."

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- ❖Faculty identified conventional graduate level research courses do not prepare students in the use of EBP.
- ❖The identified gap led to the development of an EBP course taught in a distance education format.
- The course is required of all graduate students in the School of Nursing, including administrative, education and clinical tracts.
- **\*Objectives:**

Apply selected theories, conceptual models, or frameworks to the examination of EBP.

Critically appraise published studies, integrative reviews, and guidelines used to make practice decisions.

Synthesize evidence for application in the practice setting.

Integrate approaches for the ethical conduct of translating evidence into practice

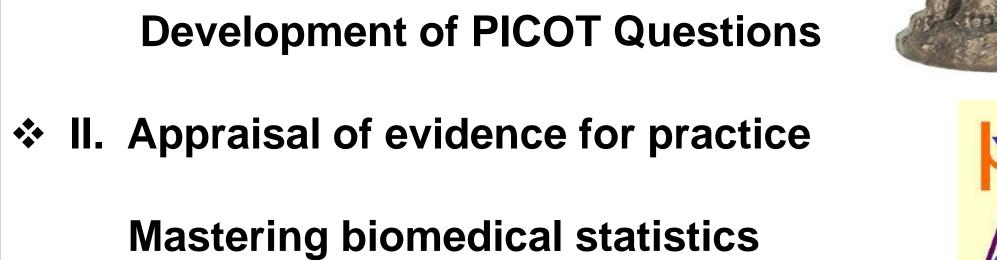
Evaluate methods of evidence dissemination including publications, presentation, health policy briefs, or media.

**❖Both individual and group methods are used to reinforce the concept of consensus prior to implementation in practice**.

## Best Research Evidence EvidenceBased Practice Clinical Expertise Patient Values

## **Four Modules:**

I. Exploring evidence for practice Overview of EBP and research Systematic reviews





❖ III. Models and Ethics for EBP



Overview of ethics applies to EBP application

Student interactive forum on the application of ethical perspectives and the application of EBP

**❖ IV. Implementing Evidence-Based Practice.** 

**Evaluation of an EBP guidelines** 

Populating specific considerations

Practice or facility based constraints

Recommendations and implications for practice.



## **Student Outcomes**

- Develop a relevant EBP question.
- Review and apply statistical applications.
- Apply ethical principles to the use of evidence.
- **❖** Participate in group EBP consenus exercise.
- Perfrom a critical appraisal of EBP literature.
- Consider stake holder issues when applying evidence.
- Evalute an EBP guideline or protocol while assessing strengths and limitations prior to implementation.

After one year of implementation:

- Students have led the implementation of clinical practice guidelines in their area of practice.
- Students have presented posters and presentations at regional, national and international conferences based on their evidence-based practice work.

## **Course Revisions**

- ❖ Reduced size of teams for group work from 4 students to 2 students per team.
- Decreased required discussion forums from 2 forums to 1, and increased weight of developing PICOT question.

